

## Biography

Heather Craig has been a part of the Winnipeg art community for the last two years. Her love of bold lines dominates her current style of art markers on canvas. Her work is mesmerizing in its clean complexity. Heather's biggest art accomplishment to date is a project that was a part of Breaking the Silence on Domestic Violence at the Winnipeg Art Gallery in 2018.

## Artist Statement

Finding my thoughts and feelings in a frustrating tangle a regular occurrence, I find creating often quiets all that inner noise and I find peace through the blend of self expression and repetition found in my work. "Headspace Tangle" especially demonstrates my desire to find the path through this confusing maze in my head. To find order and space to breathe among the chaos, leading to a deeper understanding of myself and others as I discover the way inside.